



DR. B. B. HEGDE FIRST GRADE COLLEGE
KUNDAPURA
Certificate Course

DATE: 20/03/2020

YOGA & MEDITATION

This is to certify that Mr/Miss Amratha Manali III B.Cow
has successfully completed Yoga and Meditation Certificate Course during the year 2019-2020


Prof. K. Umesh Shetty

Principal

Principal

Dr. P. P. Hegde First Grade College
Kundapur - 576201


Shivaraj C
Chief Co-ordinator

ATTESTED


Principal

Dr. B. B. Hegde First Grade College
Kundapur - 576201



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KUNDAPURA
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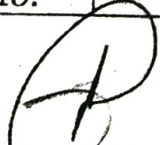
Chief Co-ordinator

**Dr. B. B. Hegde First Grade College,
Kundapura
Certificate Courses : 2019-20
Time- Table**

Timing : 1.30 – 4.00 p.m.

Day : Saturday afternoon


| Sl. No. | Department | Course | Co-ordinator | Room No. |
|---------|-----------------------|-----------------------------------|--|----------|
| 1. | Commerce & Management | Consumer Education | Mr. Sudhir Kumar | 001 |
| 2. | English | Spoken English | Mrs. Spoorthy S. Fernandes Ms. Amratha | 002 |
| 3. | Political Science | Panchayathraj & Rural Development | Mr. Praveen Mogaveera | 003 |
| 4. | Commerce & Management | Event Management | Mr. Shivaraj C Mr. Hareesha B | 101 |
| 5. | Economics | Rural Marketing | Mr. Sudhakar P | 102 |
| 6. | Library | Yoga & Meditation | Mr. Mahesh Babu | 103 |
| 7. | Kannada | Yakshagana | Mr. Chethan Kumar Shetty Mr. Rakshith Rao | 104 |
| 8. | Commerce & Management | Fashion designing | Mrs. Avitha Correa | 105 |
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| 10. | Computer Science | Basic Windows | Ms. Soumya N | 107 |


Mr. Shivaraj C
Chief Co-ordinator
Certificate Course

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Dr. B. B. Hegde First Grade College
Kundapura - 576201


Principal
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Dr. B.B. Hegde First Grade College
Kundapura -576201

Dr. B. B. Hegde First Grade College, Kundapura

REGULATIONS GOVERNING CERTIFICATE COURSE

1. **Title:** The programme shall be called Certificate course in respective disciplines.
2. **Eligibility for Admission:** A candidate admitted to any degree in Dr. B. B. Hegde First Grade College is eligible for admission to certificate course.
3. **Duration:** Duration of the certificate course shall be minimum of 30 hours of instruction including practical and should be completed in an academic year.
4. **Medium of instruction:** Medium of instruction and examination shall be in English/Kannada.
5. **Attendance:** A candidate shall be considered to have a satisfied requirement of attendance for the programme, if he/ she attends not less than 75% of classes actually held in each subject computed for theory or practical where ever applicable. However, shortage of attendance of 60% is condoned by the coordinator of the certificate course or the Principal.
6. **Hours of instruction and examination:** 30 hours minimum instruction.

Hours: 2 hrs/ week

Duration of Exam: 3 hrs.

Max. Marks: 100/Subject

Min. Marks: 35%

Percentage of marks for declaration of grades: The grades are declared as following:

| Aggregate percentage. | Grade point | Alpha sign grade | Class |
|-----------------------------|-------------|------------------|------------------------------|
| 90% and above | 9 | O | First class with distinction |
| 80% and above but below 90% | 8 | A ⁺⁺ | |
| 70% and above but below 80% | 7 | A ⁺ | |
| 60% and above but below 70% | 6 | A | First Class |
| 55% and above but below 60% | 5 | B ⁺ | High Second Class |
| 50% and above but below 55% | 4 | B | Second Class |
| 35% and above but below 50% | 3 | C | Pass Class |
| Below 35% | 2 | D | Fail |

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Principal
Hegde First Grade College
Kundapura - 576201

Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201

Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201

GUIDELINES FOR CONDUCTING CERTIFICATE COURSE

IN

Dr. B. B. Hegde First Grade College, Kundapura

1. The Students are permitted to take up any number of certificate courses according to their wish during the regular study in the College.

2. Admission procedure for certificate course:

2.1 Each department should provide the detailed syllabus and examination pattern of certificate course by the last working day of academic year for admission in the next academic year for the programme to the coordinator of certificate course.

2.2 The Coordinator would prepare the list of all available certificate courses and publish it in the prospects of the College and publish in the College notice board for admission.

2.3 A student desired to admit to certificate course shall obtain application form from College office and submit it to the Head of the department of the concerned department organizing certificate course.

2.4 The Head of the department of departments should submit the application form to the coordinator.

2.5 The coordinator should publish the list of selected candidates and students should pay the fee within a week after publication of list.

2.6 The Head of the departments are required to enroll the students for classes after verifying fee paid receipt.

2.7 A student once joined the course is not permitted to discontinue for any reason and in no circumstances the fee paid will be refunded.

3. Examination:

3.1 After completion of course each department should submit the attendance particulars and details of class conducted to the coordinator, on approval of coordinator the examination process can be initiated.

3.2 Each department should prepare question paper in accordance with the regulations and conduct the examination.

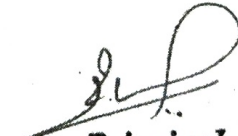
- 3.3 After the evaluation, mark sheet of students should be submitted to coordinator of the programme as per the schedule.
- 3.4 If student fails to get the minimum percentage of marks then they should appear for re-examination when it is offered.
- 3.5 The certificate will be issued by the coordinator through College office with seal and signature of the Principal.

4. Academic calendar for certificate course:

- 4.1 Admission to the course: Within 15 days after reopening of College/Semester.
- 4.2 Publication of selected course: First week after reopening of College/Semester.
- 4.3 Payment of fees: Within third week after reopening of College/Semester.
- 4.4 Submission of shortage of attendance and course completion form to coordinators: Two weeks before commencement of examination.
- 4.5 Examination: one week before last week of respective academic year/ semester.
- 4.6 Announcement of result: Before commencement of next academic year.
- 4.7 Issue of certificate: First week of next academic year/ semester.

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Principal
Dr. B. B. Hegde First Grade College
Kundpaura - 576201


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Kundapura -576201


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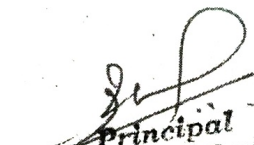
REMUNERATION AND FEES OF CERTIFICATE COURSE


1. Remuneration for the conductance of course should be approved by the coordinator of the course and the Principal of Dr. B. B. Hegde First Grade College, Kundapura.
2. Remuneration for teachers should be predecided in consultation with coordinator and the Principal by respective head of the departments or programme in-charge of respective course.
3. The fee for each course should be decided by the coordinator of the course with consultation of the Principal.
4. The fee would be collected by the college office and all the expenses will be paid by the office.
5. Except in the case of unavoidable conditions, expenses of the course should not exceed the income.

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Principal

Dr. B. B. Hegde First Grade College
Kundapura - 576201



Principal
Dr. B.B. Hegde First Grade College,
Kundapura -576201


Principal
Dr. B.B. Hegde First Grade College
Kundapura -576201

**Documents to be submitted to the Coordinator of Certificate
course
by the HOD**

1. Application Form
2. Certificate Course Profile
3. Syllabus copy in prescribed format
4. Budget Form
5. List of students with allotted Register No.
6. Admission Register
7. Attendance Register
8. Attendance Shortage Form
9. Course Completion Form
10. Expense Form With Bills
11. Marks Card

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Dr. B. B. Hegde First Grade College
Kundapura - 576201


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Kundapura -576201


Principal
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Dr. B.B. Hegde First Grade Col
Kundapura -576201


Dr. B. B. Hegde First Grade College, Kundapura

Department of Library & Information Center

Certificate Course on Yoga & Meditation


Budget for the year 2019 - 2020

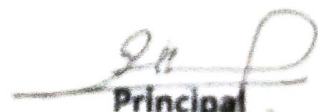
| Receipt | Rs. | Payment | Rs. |
|--|------|--|--|
| Collection from students (12 X 500) | 6000 | Guest faculty Honorarium Certificate Xerox and Material Remuneration to the staff Miscellaneous Refreshment | 1000 1000 1000 2000 500 500 |
| | 6000 | | 6000 |


**Co-ordinator
LIBRARIAN**

Dr. B. B. Hegde First Grade College
Kundapura - 576201 Udupi Dist.

ATTESTED


Principal
Dr. B. B. Hegde First Grade College
Kundapura - 576201


**Principal
Principal**
Dr. B. B. Hegde First Grade College
Kundapura - 576201

Dr. B. B. Hegde First Grade College, Kundapura
Certificate Courses : 2019-20
Result Sheet


Course Name : Yoga & Meditation


Total Marks : 100


Co-ordinator : Mr. Mahesh Naik

| Sl. No. | Name | Marks obtained | Grade Point | Alpha Sign Grade |
|---------|----------------------------|----------------|-------------|------------------|
| 1. | M. Mahesha | 94 | 9 | O |
| 2. | Vinutha U | 95 | 9 | O |
| 3. | Amratha Mardi ^o | 92 | 9 | O |
| 4. | Namitha | 94 | 9 | O |
| 5. | Povithra Madivala | 85 | 8 | A ⁺⁺ |
| 6. | Deekshith | 93 | 9 | O |
| 7. | Shrikrishna | 90 | 9 | O |
| 8. | Annapoorua | 95 | 9 | O |
| 9. | Shreeraksha | 89 | 8 | A ⁺⁺ |
| 10. | Manohara | 85 | 8 | A ⁺⁺ |
| 11. | Praveen | 96 | 9 | O |
| 12. | Reshna | 94 | 9 | O |
| 13. | | | | |
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| 35. | | | | |
| 36. | 0 | P | HP | |
| 37. | 0 | P | 2P | |
| 38. | 0 | P | 2P | |
| 39. | 0 | P | HP | |
| 40. | 1 | 8 | 28 | |
| 41. | 0 | P | EP | |
| 42. | 0 | P | OP | |
| 43. | 0 | P | 2P | |
| 44. | 1 | 8 | P8 | |
| 45. | 1 | 8 | 28 | |
| 46. | 0 | P | 2P | |
| 47. | 0 | P | HP | |
| 48. | | | | |
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Mr. Shivaraj C
 Chief Co-ordinator
 Certificate Course

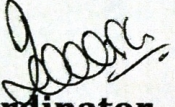
ATTESTED

 Principal
 Dr. B. B. Hegde First Grade College
 Kundapura - 576201

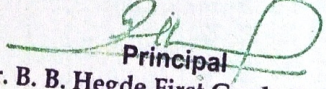

Principal
 Principal
 Dr. B. B. Hegde First Grade College
 Kundapura - 576201


Dr. B. B. Hegde First Grade College, Kundapura
Certificate Course on Yoga and Meditation

List of Students with allotted Register Number:

| SL.No. | Register No | Name of the Student |
|--------|-------------|---------------------|
| 1. | YM001 | M. Mahesha |
| 2. | YM002 | Vinutha U |
| 3. | YM003 | Amratha Mardi |
| 4. | YM004 | Namitha |
| 5. | YM005 | Pavithra Madivala |
| 6. | YM006 | Deekshith |
| 7. | YM007 | Shrikrishna |
| 8. | YM008 | Annapoorna |
| 9. | YM009 | Shreeraksha |
| 10. | YM010 | Manohara |
| 11. | YM011 | Praveen |
| 12. | YM012 | Reshma |


Coordinator
LIBRARIAN
Dr. B.B.Hegde
Kundapura
Kundapura - 576201

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Principal
Dr. B. B. Hegde First Grade College
Kundpaura - 576201


Principal
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Dr. B.B. Hegde First Grade College
Kundapura -576201

REGISTER OF ATTENDANCE

FOR THE MONTH OF

Name of the Institute

Dr. B. B. Hegde First Grade College Kundapura

Name of the Institute

| Sl. No. | Admission No. | NAMES | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | No. of days Present |
|---------|---------------|-------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---------------------|
|---------|---------------|-------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|---------------------|

| | | | | | | | | | | | | | | | | | | | | | | | |
|----|-------|-------------------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
| 01 | YM001 | M. Mahesha | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 20 |
| 02 | YM002 | Vinutha - U. | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 19 |
| 03 | YM003 | Awaratha Mandi | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 20 |
| 04 | YM004 | Nawitha | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 05 | YM005 | Pavithra Madevola | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 19 |
| 06 | YM006 | Raajeswith | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 07 | YM007 | Shrikrishna | 1 | 1 | 2 | 3 | 4 | 4 | 5 | 6 | 7 | 8 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 19 |
| 08 | YM008 | Annaapoorva | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 22 |
| 09 | YM009 | Shreeraksha | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 10 | YM010 | Manohara | 1 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 20 | |
| 11 | YM011 | Praveen | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 12 | YM012 | Rashma | 1 | 2 | 3 | 4 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 22 |

ATTESTED

Principal

Principal

Dr. B. B. Hegde First Grade College Kundapura - 576201



Class & Section : III B.Com
Roll No. : 3223
Father's Name : V Manjunatha
Mother's Name : —
Guardian's Name : —
Contact Number : 9741133643
Email ID : —
Permanent Address : V. Manjunatha
Mavadi
Near Milkdairy, Trasi
Kundapura



Percentage of Marks

| SSLC | PUC | I Sem. | II Sem. | III Sem. | IV Sem. | V Sem. | VI Sem. |
|------|-----|--------|---------|----------|---------|--------|---------|
| 68% | 72% | 68% | 63% | 65% | 68% | 68% | 62% |

Interested in Yoga & Meditation Certificate Course

- Event Management
 - Consumer Education
 - Yoga & Meditation ✓
 - Fashion Designing
- (Choose any one Certificate Course)

Undertaking :

I abide all the rules and regulations relating to the certificate courses offered by the Department.

Manjunatha
Signature of the Parent

N. Mohan
Signature of the Student

Date :

Place : Kundapura

(For office use only)

Admitted to Yoga & Meditation Certificate Course during the Academic Year 2019-20.

ATTESTED

J. B. Hegde
Coordinator

Dr. B. B. Hegde First Grade College
Kundapura - 576201 Udupi Dist.

Principal
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Kundapura - 576201

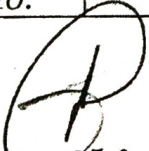
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